

Care for the Carers

PERSON SPECIFICATION

Adult Carers Counsellor

Qualifications	<ul style="list-style-type: none"> • A recognised diploma or degree in counselling/psychotherapy and BACP accreditation or equivalent accreditation, or eligibility for accreditation 	Essential
Experience	<ul style="list-style-type: none"> • A minimum of 2 years post-qualification clinical experience 	Essential
	<ul style="list-style-type: none"> • Experience of working with vulnerable adults to include work with risk issues 	Essential
	<ul style="list-style-type: none"> • Experience of working with different modalities 	Essential
	<ul style="list-style-type: none"> • Experience of managing administrative tasks, including monitoring and evaluation 	Essential
	<ul style="list-style-type: none"> • Experience of working independently as well as in a team 	Essential
	<ul style="list-style-type: none"> • Experience of working in a multi-agency setting 	Desirable
	<ul style="list-style-type: none"> • Experience of working with unpaid carers 	Desirable
	<ul style="list-style-type: none"> • Experience and/or knowledge of local statutory and voluntary agencies. 	Desirable
Skills & knowledge	<ul style="list-style-type: none"> • An understanding of the potential impact of being an unpaid carer on individuals mental health and wellbeing 	Essential
	<ul style="list-style-type: none"> • Ability to set and maintain clear professional boundaries and confidential working practices, including applying confidentiality policies 	Essential
	<ul style="list-style-type: none"> • An understanding of psychotherapeutic theory and practice and the capacity to use both flexibly in working with vulnerable adults 	Essential
	<ul style="list-style-type: none"> • A sound understanding of Child Protection & Vulnerable Adult Safeguarding issues, policies and procedures. 	Essential
	<ul style="list-style-type: none"> • Good written and verbal communication skills 	Essential
	<ul style="list-style-type: none"> • Ability to undertake counselling competently on a time limited (12 session) basis 	Essential
	<ul style="list-style-type: none"> • Ability to take responsibility for arranging and utilising clinical supervision to review client work 	Essential
	<ul style="list-style-type: none"> • Some awareness of the policy context in which the local voluntary sector operates 	Desirable
Personal qualities	<ul style="list-style-type: none"> • Self-motivated and conscientious 	Essential
	<ul style="list-style-type: none"> • Flexible interpersonal attitude 	Essential
	<ul style="list-style-type: none"> • Approachable and able to communicate effectively with carers and colleagues from a diverse range of backgrounds 	Essential
	<ul style="list-style-type: none"> • Good listening skills and empathic manner, with the ability to effectively create the core counselling conditions 	Essential
	<ul style="list-style-type: none"> • Sensitive to cultural differences, with the ability to work in diverse settings 	Essential
	<ul style="list-style-type: none"> • A commitment to working within the ethos of Care for the Carers' core values 	Essential
	<ul style="list-style-type: none"> • A demonstrable commitment to equal opportunities and anti-discriminatory practice 	Essential