

The *Carers* Toolkit...

Therapeutic Art Course

An opportunity to relax, get creative and find your inner artist!

All abilities very welcome.

We are running two 6 week courses –

**Egerton Children's Centre, Egerton Road, Bexhill,
TN39 3HL**

18th, 25th July, 1st, 8th, 15th, 22nd August

10am – 12pm

**St. Barnabas Church, Kingfisher Drive, Langney,
Eastbourne, BN23 7RA**

19th, 26th July, 2nd, 9th, 16th, 23rd August

10am – 12pm



Call Care for the Carers

On 01323 738390 or

Email

carerstoolkit@cftc.org.uk