

You can use your card at any of the businesses in this directory to receive special offers and discounts; look out for the Carers Card badge in shops, restaurants and more...

You must mention to the following businesses that you qualify for the carer's discount and show your Carers Card when paying unless stated otherwise.

\* Asterisks symbol represents businesses which may be of interest to young carers.

**Please note:** We want to offer you as many benefits as we can but this does not mean we are recommending or endorsing any of the services, groups or organisations featured. We assume that you will make your own decisions about whether Carers Card offers are appropriate for you. The offers available to carers are subject to change and are added to regularly.

If you experience any difficulties in using your Carers Card please let us know. Call Care for the Carers on **01323 738390** or email **info@cftc.org.uk**

**Reduced Hospital parking at Eastbourne DGH and Hastings Conquest you will pay no more than £1.50 with your Carers Card.**

Show your card at the parking office to get the discount

Parking office Tel: 01424 755255

**FOOD AND DRINK**

Aroma Coffee Lounge \*

18 George Street, Hastings, TN34 3EG Tel **01424 715685**

**10% discount off food and drink.**

Aroma \*

49 High Street, Heathfield, TN21 8HD Tel **01424 715685**

**10% discount Monday-Friday during the daytime.**

Castle Cottage Tearoom

Church Lane, Pevensey, BN24 5LE Tel **01323 762155**

**Complimentary tea/coffee with every cardholders food order**

Carey Seafood and Steak

3 The Strand, Rye, TN31 7DB Tel **01747 224783**

**10% off meal.**

Cook

3A Meads Street, Eastbourne BN20 7QT Tel **01323 738525**

**10% discount on all products in store and for delivery**

Downsview Butchers

8 Freshwater Square, Eastbourne, BN22 0PR Tel **01323 505009**

**10% discount on their meats.**

Fresh Sandwich Bar \*

377 London Road, St Leonards on Sea, TN37 6PA

**10% discount on food.**

Hastings Pier Restaurant

Hastings Pier White Rock, Hasitngs Tel **01424 445588**

**10% discount on food and soft/hot drinks.**

Home Chef Café \*

401 London Road, St Leonards on Sea, TN37 6PH Tel **01424 256303**

**5% discount on food and drinks.**

Kingfisher Fish & Chips & Café \*

6 Castle Street, Hastings, TN34 3DY Tel **01424 431 932**

**10% discount on food and drinks** cannot be used with any other offer

Noble Wines

140 High Street, Uckfield, TN22 1QR Tel **01825 760680**

**10% off any wine.** *Discount excludes any existing offers.*

Pilio Bistro

53 High Street, Heathfield, TN21 8HU Tel **01435 863376**

**5% discount on food and drink**

Really Scrumptious \*

26 Cornfield Road, Eastbourne, BN21 4QH Tel **01323 722432**

Bring a group of at least four along for an evening cake baking session and receive **10% off per person** (usually £15 per head) – only one Carers Card needed!! Also, receive a discount on children's birthday parties – speak to Kirstie for more information. Show your Carers Card when paying for your goods. Call Kirstie to book a time for your class.

Robson's Of Lewes coffee shop

22a High Street, Lewes, BN7 8LN Tel **01273 480654**

**10% off coffee and take away orders.**

Simply Italian \*

- 15-18 East Parade, Hastings, East Sussex, TN37 6PU  
Tel **01424 201202**
- 10-11 The Waterfront, Sovereign Harbour, Eastbourne, East Sussex, BN23 5UZ  
Tel **01323 470911**
- 23 High Street, Battle, East Sussex, TN33 0EA  
Tel **01424 772100**
- The Strand, Rye, East Sussex, TN31 7DB  
Tel **01797 226024**

**10% discount** to any carer and their guest coming to visit us in any Simply Italian. Show your card before ordering. Offer excludes S! Special Events and any promotional or pre-discounted menus.

Tea Beside The Sea \*

The Marina, Bexhill-on-Sea, TN40 1DP      Tel    **01424 213385**  
**10% discount. Except on Bank Holidays.**

The Homely Maid\*

2 High Street, Hailsham, BN27 1BJ      Tel    **01323 844812**  
**10% off** all produce in shop and restaurant except alcoholic drinks.

The Laughing Fish\*

**Station Road, Isfield, Uckfield, TN22 5XB**      Tel    **01825 750349**  
20% off food for up to four people dining together. *Not to be used in conjunction with any other offer (e.g. Laughing Fish Loyalty Card). Not valid on Mothering Sunday, Father's Day, Bank Holidays, Monthly special food evenings, or special Christmas menu.*

The Turret Grill \*

Priory Meadow, Hastings, TN34 1PH      Tel    **07811031368**  
**10% discount on food and hot drinks.**

The Old Grain Store \*

The Strand, Rye, TN31 7DB      Tel    **01797229290**  
**10% discount**

The View Hotel ( Vista Lounge)

Grand Parade, Eastbourne      Tel    **01323 433900**  
**10% discount on food and hot drinks in Vista Lounge**

Veasey and Sons Fishmongers \*

17 Hartfield Road, Forest Row, RH18 5DN      Tel    **01342 822906**  
**5% off**

Wholefoods Healthstore \*

82 High Street, Heathfield, TN21 8JE      Tel    **01435 866532**  
**10% off everything**

**OUT AND ABOUT**

Chalk Farm Nurseries \*

Chalk Farm Nurseries, Coopers Hill, Willingdon, Eastbourne, BN20 9JD      Tel    **01323 503322**  
**10% discount on all goods.**

Gardens & Grounds of Herstmonceux Castle \*

Herstmonceux Castle, Hailsham, East Sussex, BN27 1RN      Tel    **01323 833816**  
**Reduced entry for the cared-for person (£4) and the carer enters for free.**

### Paradise Park \*

Avis Road, Newhaven, BN9 0DH Tel **01273 512123**

**50% off entry prices for attractions.** For every £10 spent on garden sundries, plants, giftware, pet and aquatics, seeds, bulbs, outdoor sundries, sweets, books and clothing, a £1 plant voucher will be issued. For every £50 spent on furniture, machinery, barbecues, hard landscaping, ponds and pumps, a £2.50 plant voucher will be issued.

Take your Carers Card to the customer service desk and they will issue you with your Loyalty Club Card.

### Redoubt Fortress & Military Museum \*

Royal Parade, Eastbourne, East Sussex, BN22 7AQ Tel: **01323 410300**

**Free entry to the museum when accompanied by cared for person.** This does not include events.

### Sussex Darkside

Upper Dicker, near Hailsham, East Sussex, BN27 3QS Tel: **07956 307684**

**Pay a discounted price of £10 per person with a Carers Card (usually £12).** Only available in the Michelham Priory location.

### The Lanes

David Lloyd, Broadwater Way Eastbourne, East Sussex, BN22 9PZ Tel: **01323 509999**

£3.00 concession rate per person, per game of bowling /laser quest

### Towner \*

Devonshire Park, College Road, Eastbourne, BN21 4JJ Tel: **01323 434670**

**10% off all Towner promoted events and exhibitions.** Not valid for events presented by third parties.

### The Royal Hippodrome Theatre \*

108-112 Seaside Road, Eastbourne, BN21 3PT Tel: **01323 802020**

When purchasing a ticket for a person you care for you are able to obtain a carer ticket for **50% off** the top selling theatre price.

### The White Rock Theatre

White Rock, Hastings, TN34 1JX Tel: **01424 462283**

**Carers go free with full paying ticket**

## **LEISURE**

### Freedom Leisure Bexhill Leisure Centre \*

Bexhill Leisure Centre, Down Road, Bexhill Tel **01424 731171**

**Offer a free casual membership to the gym; £4.60 a session. Classes £5.50**

### Freedom Leisure Hailsham \*

Vicarge Lane, Hailsham BN27 2AX Tel **01323 846755**

**Carers pay £1.95 of a swim, £1.60 for bowling and a free concessionary card to the gym which cost £4.85 a session with free induction.**

Freedom Leisure Heathfield \*

Heathfield Leisure Centre, Cade Street, Old Heathfield TN21 8RJ Tel **01323 868824**

**Offer a free casual membership to the gym; £4.00 a session.**

Newhaven Scuba Centre \*;

101 Fort Road, Newhaven, BN25 3DH

Tel **01273 612012**

**10% discount on all products and training. Excludes O'Three products and any other offers.**

Spray Water Sports \*

Royal Parade, Eastbourne, East Sussex, BN22 7LD

Tel **01323 417023**

**10% discount** on all activities excluding junior group rates and one-to-one sessions. For more information contact Spray Water Sports directly. Call Spray Water Sports to book a place.

Sovereign Centre \*

Royal Parade, Eastbourne, East Sussex, BN22 7LQ

Tel **01323 738822**

Gym, Swim and Class Membership - **£22.95 (discounted from £35)**

Discounted swimming on show of card – to be confirmed.

Supernova Surfboards \*

Supernova Surf Shop, Fort Road, Newhaven, BN9 9BY

Tel **01273 457709**

**20% off** products in store with a Carers Card.

The Tristore \*

49 Grove Road, Eastbourne, BN21 4TX Tel **01323 417071**

**10% off products in store with a Carers Card.**

## **HEALTH AND FITNESS**

Curves Bexhill \*

Ground Floor, 27-29 Sackville Road, Bexhill, TN39 3JD

Tel **01424 220009**

**First month FREE!**

Eastbourne Clinic of Natural Medicine

69 Meads Road, Eastbourne, BN20 7QL Tel **01323 734664**

**20% discount on the following treatments:**

- Acupuncture
- Aromatherapy & Massage
- Reflexology
- Indian Head Massage

Energie Fitness

66 Grove Road, Little Chelsea, Eastbourne, BN21 4UH

Tel **01323 722266**

**Join Energie Fitness for £45 and pay a monthly fee of £35 to use the women-only gym with a Carers Card** (minimum commitment of 12 months.) Usually £89 joining fee and £48 a month. Before signing up, mention that you qualify for the carer's discount, and show your Carers Card when paying.

Fae holistic

Amanda Close, Bexhill, East Sussex, TN40 2TB                      Tel    **01424 257058**  
**10% off full treatment price** for carers with the Carers Card.

FeetBourne

(In your own home) Eastbourne, Hailsham, Seaford, Pevensey, Bexhill    Tel    **01323 724298**  
**10% off normal rates for foot care in your home.**

Kamsons Pharmacy \*

- Ian Gow Memorial Health Centre, Milfoil Drive, North Langney, Eastbourne BN23 8ED
- 8 Albert Parade, Green Street, Eastbourne, BN21 1SD
- 7C Bolton Road, Eastbourne, BN21 3JU
- 187 Victoria Drive, Eastbourne, BN20 8QJ
- 38 Meads Street, Eastbourne, BN20 7RG
- Stone Cross Health Centre, Mimram Road, Stone Cross, BN24 5DZ
- 1-2 Orchard Parade, Lower Willingdon, BN20 9PL
- 12 Carew Court, Hawkswood Road, Hailsham, BN27 1UL
- 8 York Buildings, Hastings, East Sussex TN34 1NN
- Selbys Pharmacy – 152-154 High Street, Uckfield TN22 1AT
- Selbys Hospital Pharmacy - Framfield Road, Uckfield TN22 5AW
- 241 South Coast Road, Peacehaven BN10 8LD
- 1-2 Dana Lodge, Central Avenue, Telscombe Cliffs BN10 7LX

**10% discount on retail items (not prescription charges)**

Lushington Chiropractic

30 Lushington Road, Eastbourne, BN21 4LL    Tel    **01323 722499**

**£10 off first consultation** normally charged at £49. Any treatments thereafter are usually charged at £35 each.

Rapid Self Defence Systems

For over 18s only

The United Reform Church, Upperton Road, Eastbourne.                      Tel    **07927 507098**

Attend a self-defence course or a weekly fitness class and **receive the first and second lessons free** . For fitness classes, you can also receive a **50% discount** on all classes after the first two. If you are interested in taking part in these classes, phone or email Chris.

Tension Takeaway – Mobile Sports Massage & Complimentary Therapies

Based in Bexhill but covers the following areas: Bexhill-on-Sea, Herstmonceux, St. Leonards, Eastbourne (£5 extra for travelling), Hastings.                      Tel    **07808 198505**

**£5 off any 1 hour treatment and receive half price treatment if recommended friend books too.**

The Hastings Foot Clinic

St. Andrews Shopping Mews, 1a Waldegrave Street, Hastings, TN34 1SJ Tel **01424 446111**

15% off routine chiropody only.

With the discount = £27, Senior Citizen rate with discount = £25.

Yoga

**Yoga classes in Hailsham & Herstmonceux Tel 07990755415**

Mon:	Herstmonceux Health Centre	7:30pm-9pm
Tue:	Summerheath Hall, Hailsham	11:00am - 12:30pm
Wed:	Emmanuel Church Hall, Hailsham	6:30pm-8pm

**£1 off any of the classes**

**WELLBEING**

Alison Tanning, Toning Health & Beauty

1 Sussex House, The Broadway, Crowborough, TN20 6UJ Tel **01892 662266**

**10% discount.**

Aspasia

4, The Parade, Eridge Road, Crowborough, TN6 2SH Tel **01892 613325**

**25% discount.**

Blu Barbers \*

The Old Pump House, High Street, Crowborough, TN6 2QB

Facebook **Pinks Blu Crowborough**

**£2 off Adult cut** (normally £11)

**£1 off OAP and Children's cut** (normally £8) with your Carers Card.

*Offer is not valid on Saturdays*

Graffiti Hair Design

50 South Street, Eastbourne, East Sussex, BN21 4XB Tel **01323 416121**

**10% discount.**

Pinks Hair & Beauty \*

The Old Pump House, High Street, Crowborough, TN6 2QB Tel **01892 668669**

**Cut and blow-dry for £20 (normally £31.50)** with your Carers Card.

Posh Nails & Beauty

139 Green Street, Eastbourne, BN21 1SB Tel **01323 722888**

**10% discount on any beauty treatments.**

Taijiquan & Qigong Classes

Various locations in Eastbourne Tel **01323 501634**

Contact Evelyn Hills (Registered Instructor with the Tai Chi Union for Great Britain) for more information on the location, times and discount offered to Carers Card holders.

### The Beauty Room

Crowborough Hill, Jarvis Brook, Crowborough, TN6 2EG

Tel **07909178475**

**15% off any treatments** in the beauty room. Excludes gift shop/flower purchases.

### The Gentlemans Club Barbers

1, The Mall, Station Road, Heathfield, TN21 8DL

Tel **08444123642**

**20% off hair cut service. Excludes Saturday's.**

## **GETTING AROUND**

### Clearwell Mobility

- Head Office: 21 Albert Drive, Burgess Hill, RH15 9TN  
Tel **0845 2211 222**  
Fax **0845 2211 223**
- Polegate Showroom: 1 The Centre, High Street, Polegate, BN26 6AQ  
Tel **01323 484060**
- Seaford Showroom: 3 Old Tree Parade, Broad Street, Seaford, BN25 1LT  
Tel **01323 491616**

Carers Card holders receive a **5% discount on their goods** from Clearwell Mobility.

### Eastbourne Motoring Centre Ltd

Cavendish Bridge, Eastbourne, BN21 3SE Tel **01323 720681**

**10% discount on vehicle services, £10 off an MOT test, free local recovery club and free vehicle safety check.**

### Southern Co

Unit 2, Hawthorn Road, Eastbourne, BN23 6QA Tel **01323\_643333**

*Member of Buy with Confidence – East Sussex County Council*

**15% off all labour costs and MOTs at £30 instead of £54.85.**

## **ELECTRICIANS**

### Denis Bonnici Electricians Ltd

35B Clarence Road, Eastbourne, BN21 8HQ Tel **01323 642427**

*Member of Buy with Confidence – East Sussex County Council*

**5% discount for Carers Card holders (before VAT).** Denis Bonnici electricians will assess the work that needs doing for free either over the telephone or by visiting the customer dependant on nature of the job. Please show your card before commencement of work to qualify.

### Graham Cottingham Electricians

31 Battle Road, Hailsham, BN27 1DY Tel **01323 849750**

*Member of Buy with Confidence – East Sussex County Council*

**10% discount on total bill.**

## **ESTATE AGENTS**

### Ross & Co



- 30 High Street, Hailsham, BN 27 1BB      Tel    **01323 841814**
- 7 The Triangle, Willingdon, BN20 9PJ      Tel    **01323 482700**

**10% discount on estate agency fees** with your Carers Card.  
*Excluding promotional offers*

Rowland Gorringe Estate Agency

Seaford Office: Station Approach, Seaford, BN25 2AR      Tel    **01323 490680**

**10% discount** on their estate agency fees with your Carers Card.

Westwoods Estate Agents Ltd

52 High Street, Heathfield, TN21 8JB      Tel    **01435 868020**

**10% discount on our standard fees.**

Wood and Pilcher Estate Agents

27 High Street, Heathfield, TN21 8JR      Tel    **01435 862211**

**Receive a 10% discount on our fees** with your discount card.

*Disclose you are a carer and show the card before signing our terms of business where the fees are confirmed.*

**FURNISHING AND DECORATING**

Aunty Wainright Antiques

41 High Street, Heathfield, TN21 8HU      Tel    **01435 866935**

**10% discount on items over £10 except for sale or non-discount items.**

Bob's Retro Market

32 High Street, Seaford, BN25 1PL      Tel    **01323 892444**

**10% discount**

Brewers – for decorating materials

123-127 Ashford Road, Eastbourne, BN21 3ST      Tel    **01323 437801**

**10% discount** on all their shelf prices with your Carers Card.

Devonshire Park Kitchens

38 Grove Road, Eastbourne, BN21 4TY      Tel    **0845 8054570**

**10% discount on** showroom prices with your Carers Card.

Elite Interiors

23 Devonshire Road, Bexhill-on-Sea, TN40 1AH      Tel    **01424 576288**

**Variable discount - up to 50% off.** *Restrictions apply with other offers*

Enterprise Carpets Ltd

Unit 44, The Enterprise Centre, Station Parade, Eastbourne, BN21 1BD      Tel    **01323 724848**

**10% discount on all services.** Free no obligation quotations and free fittings on domestic carpets

Mark J. FitzGerald – Carpentry & Joinery Specialist

18 Millers Rise, Hailsham, BN27 3XE      Tel    **01323 843977 / 07866923833**

*Member of Buy with Confidence – East Sussex County Council*  
**Free quotes and advice. Receive a 10% discount.**

Masey's Furnishers

32 St Leonards Road, Bexhill-on-Sea, TN40 1HT Tel **01424 220008**  
**10% discount upon production of your Carers Card.**

Mint Idea's

40 The Mint, Rye, TN31 7EN Tel **01797 224572**  
**10% discount.**

Pennells Carpets

37 high Street, Heathfield, BN21 8UH Tel **01435 862000**  
**Between 10% and 20% depending on product chosen.**

Premier Carpets

85 South Coast Road, Peacehaven, BN10 8QS Tel **01273 588830**  
**10% discount except during sale periods.**

The Personal Touch Interiors

22 The High Street, Heathfield, TN21 8LS Tel **01435 860603**  
**20% off**

**GARDENS AND LANDSCAPING**

HR Goodwin and Sons Landscaping Ltd

Glen Innes, Lower Dicker, Hailsham, BN27 4BG Tel **01323 845490**  
*Member of Buy with Confidence – East Sussex County Council*  
**10% discount (before VAT) on any of their services.**

Paul Dix Gardens: Design – Landscaping - Maintenance

15 Spring Close, Willingdon Village, Eastbourne, East Sussex, BN20 9HD Tel **07866 749688**

**Receive two hours of initial garden design consultation for the price of one hour with your Carers Card.**

**HOME MAINTENANCE**

Homesmaid

70 Winchcombe Road, Eastbourne, East Sussex, BN22 8DE Tel **0800 3213873**  
Carers located in Eastbourne receive a **10% discount** with the Carers Card.

SB Property Maintenance

25 New Road, Hellingly, BN27 4EW Tel **01323 440609** Mob **07773 750891**  
**10% discount on all services.**

**LOCKSMITHS**

ARM Locksmiths

7 Union Close, Hailsham, BN27 3HQ Covers the BN and TN postcode areas.

Tel **01323 441019** Mob **07521 701514**

**10% discount on the total price with a Carers Card.**

#### Footcraft

170 High Street, Uckfield, TN22 1AU

Tel **01825 766625**

**10% off all repairs and key services.** Offer is subject to conditions – please enquire in store for more details.

### **PLUMBING AND HEATING**

#### Abacus Flame Ltd

325 Seaside , Eastbourne, BN22 7PA

Tel **01323 648083**

**10% discount** for any work carried out up to the value of £1000 using the carer`s card. **5% discount** for any work carried out up to the value of £3000 using the carer`s card. A photo id will be required to accompany the carers card. ie: drivers license, passport, etc. Please mention the carers card when booking your appointment or prior to commencement of works to have your 10% discount applied.

#### NM Plumbing and Heating Ltd

Neil is Gas Safe Registered and covers the whole of East Sussex.

Chyngton House North, Hamsey Rd, Seaford, BN25 4DW

Tel **01323 899373** or **07759**

**298184**

**5% discount on services.**

### **WINDOWS**

#### First Windows

46 Western Road, Bexhill-on-Sea, TN40 1DY

Tel **01424 223389**

**5% off locks and keys.**

#### Hi-Seal Double Glazing

Bellbanks Corner, Mill Road, Hailsham, BN27 2AH

Tel **01323 841392**

**10% discount** on new double glazing, including low threshold entrance doors that are a must for wheelchair users. Discount covers the price of labour and the manufacture of products (before VAT).

#### Polegate Glazing Ltd

3 Hailsham Road, Polegate, BN26 6NJ

Tel **01323 486264**

Mob **07971 801297**

**10% discount on labour only**, if the card is produced at the time of the order being placed, not at the point of invoice.

### **RETAIL**

#### A Tompsett & Son Ltd

72 High Street, Heathfield, TN21 8JD

Tel **01435 862343**

**5% off except on sale goods.**

Adams of Rye Ltd \*

8 High Street, Rye, TN31 7JH

Tel 01797 223136

**10% discount off goods. Excludes: stamps, booktokens, books and newspaper magazines.**

Bone

36 High Street, Lewes, BN7 2LU

Tel 01273 488800

**10% discount** in store only. *Not valid on other promotions*

Bone Clothing

27 High Street, Lewes, BN7 2LU

Tel 01273 480823

**10% discount** in store only.

Crowborough Shoe Repairs

4, The Broadway, Crowborough, TN6 1DF

Tel 01892 668076

**10% discount** with your Carers Card.

CJ Greetings of Rye \*

41 Cinque Ports Street, Rye, TN38 9ET

Tel 01797 458030

**10% discount on everything except only 5% discount on balloons.**

Halo \*

The Mews, Station Road, Heathfield, TN21 8LD

Tel 01435 866266

**10% discount** on any full price purchase.

Inter Sport of Lewes \*

53 Cliffe Street, Lewes, BN7 2AN

Tel 01273 475235

**10% discount.** *May not be used in conjunction with other offers.*

Jocalia Jewellers

61 High Street, Heathfield, TN21 8HU

Tel 01435 862249

**10% discount on Jewellery and Watches**

La Maison

Regency House, 105 High Street, Rye, TN31 7JE

Tel 01797 458935

*Member of Buy with Confidence – East Sussex County Council*

**10% discount to carers.**

Luggage etc. Lewes \*

22 High Street, Lewes, BN7 2LN

Tel 01273 478471

**10% discount** on everything (including sale items).

Newmans Dry Cleaners

62 Bohemia Road, St Leonards on Sea, TN37 6RQ

Tel 01424 465006

**10% discount.** *Not on repairs or laundry.*

### R&R Watches

5 The Mall, 28 Western Road, Bexhill-on-Sea Tel **075685 46809**

**10% off all watches and clocks.** *Excludes batteries and straps.*

### Tomfoolery \*

3 Market Road, Rye, TN31 7JA

Tel **01797 225533**

**Receive a 10% discount**

## **OTHER**

### Alandale Plant Ltd

Eastbourne Road, Westham, Pevensey, BN24 5NH

Tel **01323 767708**

**10% discount on equipment hire.**

### AP-it \*

283 Seven Sisters Road, Eastbourne, East Sussex, BN22 0QL

Tel **01323 887894**

**Receive £5 off an hour.** You will pay £25 for the initial hour of service rather than £30.

### Badger Inks

57A Church Street, Seaford, East Sussex, BN25 1LD

Tel **01323 893006**

**10% off on all products** (except special orders).

Show your Carers Card in store or go to [www.badgerinks.co.uk](http://www.badgerinks.co.uk) and order on-line. When at checkout, put 'Carers Card' in the 'discount code' box and 10% will be taken off your order.

### Ejuiceology

14 Queens Road, Hastings, TN34 1QY

Tel **07971219703**

**10% discount**

### Fonetastic \*

12 Place Lane, Seaford, BN25 1LA

Tel **01323 492211**

**20% discount.** *Excludes phone/dongle top-up*

### Just Motor Care, Just MOT's

Just Motor Care:

- Eastbourne. 68 Hammonds Drive, Eastbourne, BN23 6PW  
Tel: **01323 642232**
- Hastings. Unit 10, North Ridge Park, Haywood Way, Ivyhouse Lane, Northridge, Hastings TN35 4PL.  
Tel: **01424 461309**

Just MOT's (including Just MOT's Plus):

- Bexhill on Sea. 2 Knightsbridge Court, Middlesex Road, Bexhill on Sea, TN10 1LX.  
Tel: 01424 218080
- Hove. 10 St Joseph's Business Park, St. Joseph's Close, Hove BN3 7ES. Tel: 01273 776424

Lewes: Daveys Lane, Lewes BN7 2BQ.  
Tel: **01273 488455**

**15% discount off** our standard prices on all garage service, repair and MOT work.  
*To retrieve offer say that you have the Care for the Carers Card, quoting this discount code: CFCSTAFF15. Valid until December 2016 and cannot be used in conjunction with any other offers.*

Pollen Nation Flower Shop

3 Station Approach, Heathfield, TN21 8LG Tel **01345 863431**

**15% off all local orders** (does not include delivery charge)

Rock Solid Computing

Unit 11, The Mall, Western Road, Bexhill on Sea Tel **01424 552093**

**10% off all services**, unless stated. Cannot be used with any other running offers.

SE TYRES:

- **Hailsham:** Diplocks Way, Hailsham BN27 3JF  
Tel: **01323 840261**
- **Heathfield:** Burwash Road, Heathfield, TN21 8QZ  
Tel: **01435 867606**
- **Uckfield:** 32 Bell Lane, Bellbrook Industrial Estate, Uckfield  
Tel: **01892 765944**
- **Hastings:** Bexhill Road, St Leonards on Sea, Hastings, TN38 8AL.  
Tel: **01424 426214**

**10% of your final bill** upon production of a valid Carers Card not be used in conjunction with any other offers.  
Produce your Carers Card before making payment.

The Flower Workshop

Shop 3, Ivyholme, Station Road, Heathfield, TN21 8LB Tel **01435 863333**

**10% discount** on anything in the shop *except sale items*.

Uckfield Electrics

63 High Street, Uckfield, TN22 1AP Tel **01825 769292**

**5% discount on listed prices.**

Uckfield Garage

143 High Street, Uckfield, TN22 1EJ Tel **01825 768316**

**10% discount on all labour charges, card to mention prior to booking appointment**

Vines Flowers

66 High Street, Westham, Pevensey, E. Sussex BN24 5LP **01323 762575**

**10% discount on bouquets over £20**

For more information visit: [www.vinesflowers.co.uk](http://www.vinesflowers.co.uk)

Email: [theflorist@vinesflowers.co.uk](mailto:theflorist@vinesflowers.co.uk)

We Buy Cars - Sussex & We Fit MOT

79 South coast Road, Peacehaven, BN10 8QS Tel **01273 585353**

**10% discount** on cars, MOT and service.

## LEGAL AND FINANCIAL

### Allied Professional Will Writers Ltd

2 Hankham Street, Hankham, Pevensey, BN24 5BG Tel **01323 741200**

**15% discount on Wills and Lasting Powers of Attorney** when you present your Carers Card.

### APS Legal & Associates

Based in Bexhill, but covering the whole of East Sussex Tel **07774 442318**

Carers Card holders are entitled to:

- a free no obligation initial consultation,
- **10% off all Estate planning and will writing services for them and their families,**
- **5% off pre-paid funeral plans**

### Ashdown Hurrey

20 Havelock Road, Hastings, East Sussex, TN34 1BP Tel **01424 720222**

Carers Card holders are entitled to **a free no obligation consultation and 10% off any services** subsequently offered.

### Creed Associates

104 Sedlescombe Road North, St Leonards on Sea, TN37 7EN Tel **01424 435600**

Carers Card holders are entitled to an **introductory fee waiver of £5 on household or motor insurance or free legal expenses cover** on any policy arranged through Creed Associates.

### Reid Briggs

Keely Rust, 49 South Street, Eastbourne, BN21 4UT Tel **01323 438843**

Carers Card holders are entitled to an **introductory fee waiver of £10 on household/Motor insurances** (£35 on commercial insurances) transferred to us or arranged through Reid Briggs.

### Green Lane Trust Solutions

Green Lane Trust Solutions, Heathfield. Tel **07561508857**

**Minimum of 10% off our current price for any work undertaken.** This includes any offers applicable at the time.

### Stephen Rimmer LLP Solicitors

28-30 Hyde Gardens, Eastbourne, BN21 4PX Tel **01323 644222**

*Member of Buy with Confidence – East Sussex County Council*

**5% discount on fees** (subject to terms and conditions).

## SHORT BREAKS

### Amarisa Bed & Breakfast

Amarisa, Berwick, Polegate, BN26 6TB Tel **01825 733510**

A discounted 2, 3 or 4 night break Monday – Thursday. *Weekends by arrangement.*

Prices:

Two nights are £130 for two people (25% discount), or £95 for one person.  
Three nights are £175 for two people (30% discount), £135 for one person.  
Four nights are £220 for two people (35% discount), £170 for one person.  
*2-3 nights available October – April, 4 nights available October – June. Excludes Christmas & Bank Holidays. Longer stay by arrangement. (A cardholder may bring 1 guest)*

#### The Buxted Inn

The Buxted Inn, High Street, Buxted, TN22 4LA

Tel **01825 733510**

**10% discount on food, drink and hotel accommodation** to any carer and guest with your Carers Card.

#### The Sanctuary Retreat Holiday Park

Leather Waggon, Pett Level Road, Fairlight, Hastings TN35 4ED

Tel **01424 813888**

**10% discount on the cost of a holiday or short break**. Bookings are for a minimum of 2 nights and a maximum of 14. *Cannot be used in conjunction with any other offer.*

### **PETS**

#### Ruby Walks and Ruby Grooms

Jacky Long Tel **01323 769951** Mob **0771 959 3261**

**25% off your dog's first groom** with your Carers Card.

*Member of Support with Confidence – East Sussex County Council.*

### **SPECIALIST SERVICES**

#### Angel Care Services

Cover the Hastings, St. Leonard's, Bexhill and Fairlight areas.

Tel **07973 612439**

Contact Annette for more information on discount prices, as these can vary depending on your requirements.

#### Ashprint

22 South Street, Eastbourne, East Sussex, BN21 4XB Tel **01323 734645**

**10% discount on any order over £20** for printing of leaflets, invitations, business cards or clothing.

### **MORE INFORMATION**

#### **The Essential Companion Scheme**

The Essential Companion scheme is for people who require a companion to assist them to access the facilities at Eastbourne theatres.

The scheme offers members the opportunity to obtain one ticket, free of charge, for their 'essential companion'.

For more information or apply for the scheme visit: [www.eastbournetheatres.co.uk/Booking](http://www.eastbournetheatres.co.uk/Booking)



### **The Cinema Exhibitors' Association Card**

The CEA Card is a national concessionary card developed by the Cinema Exhibitors' Association for UK cinemas, to allow people with disabilities to obtain one free ticket for a person accompanying them to the cinema.

For more information or apply for a card visit: <http://www.cinemauk.org.uk/ceacard/>

### **CarerSmart**

CarerSmart is a new club from Carers Trust and is open to carers, people with care needs and staff and volunteers across the Carers Trust network. Joining is easy and free, once you're a member, you can benefit from a wide range of offers.

For more information and to register visit: [www.carersmart.org](http://www.carersmart.org)

### **Carers Holidays**

Carers Holidays offers a 'one stop shop' for accessible accommodation throughout the UK. It also gives 5%- 30% discounts for carers through a membership scheme.

For more information and to register visit: <https://www.carersholidays.org.uk/>

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